

Listen to the birds



Weave a fan

See the sunrise and sunset

Run in the rain

Play frisbee

Look for different heathers



Find the highest point

Fly a kit

Go digging

Make friends with a bug



Run down a sand dune

Count different butterflies

Make a play

# 50 things to do in the Dunes



Have a forage

Watch the clouds

Surf down a sand dune

Make some noise

Play hide and seek



How far can you throw a pine cone?



Make a sand angel

Hug a tree

Make a collage

Study the sand layers



Dynamic Dunescapes is a partnership project rejuvenating sand dunes across England and Wales, supported by the National Lottery Heritage Fund and the EU LIFE Programme. Partners are Natural England, Plantlife, Natural Resources Wales, National Trust and The Wildlife Trusts.

[dynamicdunescapes.co.uk](http://dynamicdunescapes.co.uk) @dynamicdunes

Create patterns in the sand

Play a ball game

Play skittles with pine cones



Make a grass trumpet

Build a hopscotch grid

Find the compass points

Study a plant

Do mindful movements



I spy...

Find a nest

Enjoy getting lost

Track an animal

Find a viewpoint

Make a natural wristband



Have a picnic

Play in the puddles

Look for different shells

Make a tree bark rubbing



Bury a wishing stone

Make a mini den

Roll down a sand dune

Design a sculpture

Dance in the dunes

Go rogue and explore

Play stuck in the sand

Discover a new species

Go trail running

