

What lives on our Dunes?



Sand Dune Safari

Explore the sandy hills, winding trails and rare wildlife on your walk to the beach. Tick the boxes and record what you see.



Pioneer plants like prickly saltwort grow along the shoreline and have amazing adaptations to colonise and survive in barren habitats.



Sea buckthorn is a spikey shrub that produces bright orange berries. It provides important food and nesting sites for many birds.



Hornwrack is not a seaweed, but a colony of tiny animals called zooids! It is often found washed up on the shoreline.



Wildflowers such as this vipers bugloss turn our sandy hills into colourful grassland. They are also vital for the survival of many rare insects.



Sand dunes are home to butterflies and moths, damselflies, dragonflies, beetles, bees and spiders. What **insects** can you discover today?



Along the coast you'll find all kinds of **birds**, from swifts and songbirds to raptors or waders. Look carefully and listen closely - how many can you see / hear?

Did you know?

Sand dunes are one of the most threatened habitats in Europe.

Help us protect them

Put litter and dog poo bags in the bin. Follow the Countryside Code. Share your experience.

@DynamicDunes

Animal Tracker

Healthy dunes have areas of bare sand which provides important habitat for rare plants and animals. It's also great for spotting animal tracks! What signs can you find? Tick the boxes and record what you see.



Dog



Human



Reptile / Amphibian



Bird



Rabbit



Insect

Did you know?

Rabbits help keep our dunes healthy by digging burrows and nibbling plants.

Insects such as the endangered sea-aster mining bee dig holes in the sand to lay their eggs.

Rare **birds** like the little tern travel thousands of miles every year to nest on our beaches. They have become very rare as are sensitive to disturbance by people and dogs.